

#WithUkrainianJungians

Film Project: 'Frames and Borders'

An international Jungian community film project reflecting our lives in the year ahead and who we are to each other. We will use the lens of our experience of the Ukrainian War, which may reach elsewhere.

Everyone is invited to participate. All you need is your mobile phone or a camera!

‘Frames and Borders’

Frames: the film frame as border, framing ourselves and our lives, framing our understanding, framing our identity, framing realities.

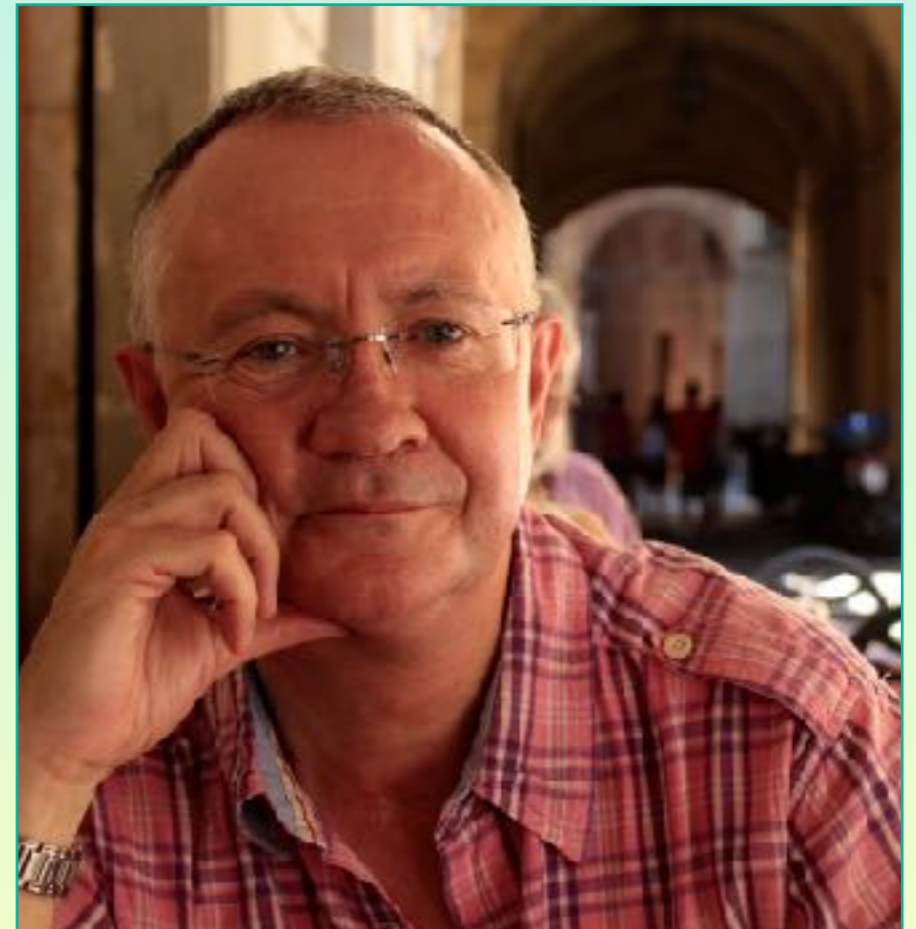
Borders: between countries, between people, between conscious and unconscious, between psyche and matter, between thought and feeling.

The project will be led by Jungian analyst and film maker Christopher Hauke (SAP)

<https://www.christopherhauke.com>

Chris writes: *“The aim is to make a community documentary film (or shorter films) that represents the Jungian community in these troubled times.*

If successful, we will offer it for viewing at the IAAP Congress in Zurich in 2025.”



How will the Film Project work?

There are two ways to participate:

1. **Submit a short film clip** from your phone or a camera.

If you can work out how to do so, please select 1080 resolution (full HD, 1920 x 1080 pixels). This one is a common screen resolution for smart phones.

A minimum of 720 resolution (HD, 1280 x 720 pixels) is acceptable (but not preferred).

No more than **90 seconds** long. (Other clips, such as a short interview, may be submitted by arrangement with the production team)

2. **Join the production team** led by Chris Hauke.

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What is the production team?

The production team is a group of people (around a maximum of six with at least two from Ukraine) with some familiarity of handling video files (MP4 usually); being able to store and catalogue these; ability to upload and download them using a suitable platform such as Dropbox. (If you are reasonably confident on your computer handling video files is easy to learn, so if you would like to be involved please do contact us.)

The group would also act as a production team viewing all the submissions and deciding on the story or stories we want to make from them that would be the finished documentary (or shorter documentaries).

We will also be looking for people to conduct short interviews of members of the Jungian community.

Chris has the facilities to edit the film using Adobe Premiere Pro, but people with the ability to sub-edit sections and supply them in a convenient format would be helpful.

Translating and sub-titling will need to be coordinated across all clips and the final edit.

No previous experience required - just enthusiasm for the project!
There will be roles for everyone.

What should we film?

Aspects of the life being lived right now:

- Aspects of the life you would like to live and rarely get a chance to
- Anything around the theme of *frames* and *borders* and what that means to you (see above)
- A major external event
- A scene or streetscape (with or without commentary)
- Buildings - inside and out
- Day to day activity
- Life starting up and trying to return to normal
- Your dreams in the context of your life
- Synchronicities happening all the time
- Folk story connections
- Images that speak for themselves
- Reflections on your experiences
- Material to do with the body, the spiritual, nature...

Finally, bear in mind our title, 'Frames and Borders':

Frames: the film frame as border, framing ourselves and our lives, framing our understanding, framing our identity, framing realities. **Borders:** between countries, between people, between conscious and unconscious, between psyche and matter, between thought and feeling

We invite you to do something different this year!

Please email **Chris Hauke:** christopherhauke@icloud.com if you would like to be involved.

Please remember:

- Always get the permission of any person you are filming
- Aim for realism
- Discuss potentially longer interviews with the production team (these might be good to divide up and link various other clips)
- Provide language translation in English and Ukrainian (we can also do this with our helpful team of translators)
- Film in 'landscape' orientation (phone held horizontally) to match 16:9 widescreen format (this is the standard default). Then all contributions are on a consistent footing. (Holding phone vertically in 'portrait' tends to make a special point as 'coming from an amateur' eg in newscasts).
- If needed, the team can offer advice on how best to film your clip.
- You may submit several clips over the course of the year

The monthly gathering at the #WUJ Webinars

This project forms part of the #WithUkrainianJungians (#WUJ) webinar project which invites the international Jungian community to gather once a month as a community for 16 months in solidarity with our Ukrainian colleagues and any other colleagues whose people are facing erasure.

The webinars will be led by eminent Jungians in collaboration with some of our Ukrainian colleagues. The purpose is to build a strong container to hold our Ukrainian colleagues - and any other colleagues whose community is facing erasure - during a time of immense trauma.

The information on the webinars has been translated into several languages - please click on one of the links below.

We look forward to seeing you there!

English	https://tinyurl.com/y8btjw4m
Ukrainian	https://tinyurl.com/5ap67kur
Spanish	https://tinyurl.com/bdfbjcuy
German	https://tinyurl.com/45brpb69
Italian	https://tinyurl.com/y64hae55
Portuguese	https://tinyurl.com/jn9vvy22
French	https://tinyurl.com/bp756tus